School Supplies Are Already In The Stores…
And we’ll soon be back to Sunday Morning Learning! Preschool Sunday School, KidZone, and Connect45 will be back in full-swing beginning Sunday, September 10th!

Registration
It is helpful to us to have the most updated information on your children before the start of Sunday Morning Learning. If you intend to bring your child to any of our Sunday morning programs, we ask that you please fill out and return a CFM registration form. Forms can be filled out online (firstlutherancr.org/childrens-learning-registration), or at the table in the Narthex.

Volunteers
We simply cannot do ministry without YOU! We have a place for everyone, and roles that fit pretty much any time commitment or schedule: Classroom Administrators, Co-Teachers, Classroom Grandparents (as often as you like); Service Day Helpers (once/month); Listening Day Helpers (once/month), and so much more!

Additionally, you need to know that no one volunteers alone! Our volunteers serve in teams of 3-4, so that there are built-in partners for you.

We're using SignUp.com (the leading online SignUp and reminder tool) to organize our sign-ups. Here’s how it works in 3 easy steps:

1) Get online signup.com/go/DLUwbVT
2) Review the options listed and choose the spot(s) you like.
3) Sign up! It's Easy - you will NOT need to register an account or keep a password on SignUp.com. (SignUp.com does not share your info with anyone.)

If you prefer not to use your email address, please contact Marissa (marissal@firstlutherancr.org) or Lindsey (lindseys@firstlutherancr.org), or give us a call: 365-1494 and we can sign you up manually.

We look forward to having you on our team!

Way to go FLC!
Over the last two weeks You responded to our “Undie Sunday” drive in a great way! You contributed 151 packages totaling 921 individual under-wear, 24 packages totaling 116 pairs of socks, 22 undershirts and 35 bras. That’s well over one thousand garments that will be given to Waypoint Services for distribution to those in need.

Inside this Edition:

2 Freedom from Hunger Drive GriefShare
3 Keenagers Lunch New Office Phone System
4 Open House Dates Bible Presentations
4 Hayrack Ride/ Bonfire
5 Youth Start Dates for Fall Montana & Green Bay Trips Stock Sale Supper
6 Renovaré: Great Spiritual Migration
7 Calling All Ushers
7 Support for Teen Caregivers
8 Letter of Support to Mosques
9-10 August Calendar & Volunteers
11 Prayer & Worship Guide
12 Family Promise News & Golf Outing

Centered in Christ, we are Called, Gathered, Transformed, and Sent!
Hunger Team would Welcome You!

Are you interested in hunger issues in our community as well as globally? If you are, consider yourself invited to become a part of the Hunger Team.

Beginning in August we will meet every other month on Sundays at 12:15 p.m. in the Chapel to direct our congregation’s response to hunger both locally and internationally.

This is your opportunity to have a significant impact on how our funds are spent and how our efforts are directed. We are especially anxious to have a Youth voice active on our team.

Working Through the Stages of Grief

GriefShare is a 13-week program with videos and, personal reflection and group discussion to help you to rebuild your life after the death of a loved one. The sessions provide a safe environment with other people coping with similar grief and cover a variety of topics, including what are “normal” feelings in the grief process and the challenges they present, dealing with the the question of “why” and navigating relationships with family members and friends. To better exemplify the program, here is a second testimonial from an anonymous First Lutheran member who participated in our first GriefShare seminar:

I have spent 13 weeks with The Grief Share Program. It is a Christian video-based curriculum which provided lay leaders a well-organized format for facilitating a support group for individuals facing the death of a loved one. Each person (care leader and care receiver) had their own journal/workbook for recording daily responses to pertinent questions, Bible references, and life situations, and this remained private.

Grief Share provided participants the opportunity to share openly, or cautiously, each week in a small group. The common thread was adjusting to life without a loved one. Participants listened, journaled, questioned, shared, and prayed.

Over the 13 weeks, God was at work. Individuals became increasingly comfortable sharing stories, ideas, and spiritual gifts with one another. The group truly was a caring community. The hands and feet of Jesus worked through people coming together. God will continue to help us move from mourning closer to joy.

Our first meeting will be an orientation meeting on Sunday evening, August 20 – 6:30 p.m. at First Lutheran. Please let Pastor Leroy know if you will be attending, or are interested in the program by August 17 or contact him at church if you have any questions by calling 365-1494 x.104 or emailing leroyb@firstlutherancr.org.
New Office Phone System

After a year-long project of research, comparison, and discernment, we have recently installed a new phone system in the First Lutheran building. There are a couple things you need to know about how it works.

First, we now have just one phone number, (319) 365-1494. Where we used to have six lines and six phone numbers, all of our calls will now come in on one phone number. That doesn’t mean you’ll get a busy signal however, because this one phone number can handle up to 23 calls simultaneously!

Second, all of the staff member extensions have changed. If you have a staff business card or listing of extensions, please disregard it and use the extensions listed on the back of this newsletter.

Finally, as we all get used to the operations of this new system, please be patient and forgiving with our staff and volunteers if we are slow to answer, drop your call, or put you in the wrong voicemail box.

Keenagers Luncheon!

Our Senior Adult Ministry Team invites members and friends age 60 and older to join them for the next Keenager’s Luncheon on Thursday, August 10, at 12 Noon. Pastor Steve Knudson and others will share highlights from their reformation trip to Germany! In honor of the German content we’ll dine on Brats und sauerkraut, with a macaroni salad, chips and assorted melons.

Make your reservation online at firstlutherancr.org/senior-adult or by calling the church office at 365-1494. You can also add your name to the list at the Welcome Desk on Sundays. The cost is $5 payable at the door.

Ladies’ Night Out

All of First Lutheran’s female members and friends are welcome for our monthly gathering on July 31, starting at 6 p.m.

This month we’re going to try to enjoy a summer evening on the patio at Vito’s on 42nd (whose ironic address is actually 4100 River Ridge Dr.).

If you plan to join the fun, please RSVP to Lori Nietert at 350-7486.
3 Year-Old Open House

If your son or daughter will be three years old by September 1st, then they are old enough to start Preschool Sunday School! To get the year started off right, we will have an Open House on Saturday, September 9, 9-10 a.m. We’ll have breakfast goodies, your children’s teachers will be there, and you’ll have a chance to hear about our Preschool Sunday School program and what you need to know! Have questions, or won’t be able to make it that day? Let us know: 365-1494, marissal@firstlutherancr.org. Hope to see you there!

Rally Day Open House

Parents, DO NOT miss this important meeting! On Sunday, September 10, as your children are having a blast in their classrooms on the first day of Sunday Morning Learning, we will gather at 10:15 a.m. in the Choir Room, for a Parents’ Open House meeting. We’ll have coffee and goodies available for you, and we’ll walk together through the Ministry Catalog, and have opportunity to hear about new and exciting things in Children’s Ministry, as well as time to ask questions and get clarification on anything you need to know. Please plan to be at this super important meeting.

LOOKING AHEAD:

Important Dates to Know and WRITE DOWN!

September 9: 3 Year-Old’s Open House, 9 a.m. – 10 a.m.

September 10: First Day of Preschool Sunday School and KidZone and Open House for grown-ups!

September 17: 3 Year Olds and 3rd Graders receive Bibles at 9 OR 11:15 a.m. worship.

3 Year-Old and Third Grade Bible Presentation

On Sunday, September 17th, at the 9 and 11:15 a.m. Sunday services, we’ll be presenting the three year-olds and the third graders with their Bibles!

**Three year-olds:** just show up to worship, get a Bible from Marissa or Lindsey on your way in, and then follow the directions from the Pastors! Easy-peasy!

**Third graders:** you should have already picked up your Bible from the church by now. If not – c’mon down, or just show up to worship, get a Bible from Marissa or Lindsey on your way in, and then follow the directions from the Pastors. See you in worship!

Hayrack Ride and Bonfire

Everyone in Children and Family Ministries is invited for our Harvest Hayrack Ride and Bonfire! Sign up to join us on Friday, September 29 at 6 – 8 p.m. at Ushers Ferry as we enjoy some social time together mixed-in with some good, old-fashioned, fall fun! We have only 50 spots, so sign up online or at the Welcome Desk.

Be “In the Know”

Make Sure You Have ALL The Latest Information About Children and Family Ministries!

There are LOTS of ways you can be sure you have the most recent information regarding all CFM programs: this newsletter, bulletin announcements, First Lutheran’s Facebook page, as well as targeted emails sent directly to the email address of your choice AND a blog to which you can subscribe and get updates sent to your email inbox.

To get email sent directly to you, just submit the email address on your child’s registration form, or send us an email (marissal@firstlutherancr.org; or lindseys@firstlutherancr.org). To subscribe to the blog, go to firstlutherancr.org/cfm-blog, and click on the RSS Feed on the right hand side under “Archives and Categories.”
Youth & Family Ministry

Upcoming Start Dates for Fall Ministry

Confirmation Family Night, September 6, 6:30 p.m. in the Nave
HSM Sunday Nights, September 10, 6 p.m. Youth Room

Montana Adventure Trip

The high school trip out to Flathead Lutheran Bible camp was a great experience!

Check out these great photos of the activities and be sure to RSVP for the Stock Sale Supper (details below) on August 7 to hear more about the trip!

Green Bay Service Trip

The middle school service trip to Green Bay, WI was also a great experience! The youth had the opportunity to work at an assisted living home, thrift store as well as visit the historic Lambeau Field and enjoy some of the other sites of Green Bay!

Check out these photos and be sure to RSVP for the Stock Sale Supper on August 7 to hear more about the service the youth participated in!

Stock Sale Supper

Speaking of the summer trips, our Annual Stock Sale Supper will be happening on August 7 at 6:30 p.m.! If you participated in our Stock Sale during Lent, you should have received and RSVP letter! You can either send back the bottom portion of the letter with your RSVP, or head over to the website for the RSVP Online Form!

Please try to RSVP by August 1 to give us ample time to plan! The evening will be spent with the youth sharing their experience through pictures and stories. There will also be a meal served as we come together to celebrate the support of the congregation with our youth! firstlutherancr.org/youth-stock-sale

Confirmation Registration

Tis’ the season for registrations! With the school year quickly approaching, so is our Confirmation Ministry year! Please take some time to fill out the Registration Form for next year's Confirmation Ministry! This will help us plug your family into the different ministry opportunities for the fall! firstlutherancr.org/confirmation-registration

CONFIRMATION REGISTRATION

2017-18 Registration is NOW OPEN!

firstlutherancr.org/confirmation-registration
GROWING NUMBERS OF CHRISTIANS are moving away from defining themselves by lists of beliefs and moving toward a way of life defined by love. In his newest book, The Great Spiritual Migration, Brian McLaren challenges readers to stop worrying, waiting, and indulging in nostalgia, and instead, to embrace the powerful new understandings that are reshaping the faith.

BRIAN MCLAREN, a leading voice in contemporary religion, argues that—notwithstanding the dire headlines about the demise of faith and drop in church attendance—Christian faith is not dying. Rather it is embarking on a once-in-an-era spiritual shift, identifying less with organized religion and more with organizing religion—faithful people coming together to heal the planet, build peace, overcome poverty and injustice, and collaborate with other faiths to ensure a better future for all of us—just what Jesus would do!

IF YOU’VE ALWAYS WANTED TO GIVE RENOVARÉ A TRY, this might be just the place to jump in. Please join us for a 10-week study beginning the week of September 11. Choose a group that works with your schedule:
- Mondays at 9:30 a.m. in the Youth Room (young Moms, childcare provided)
- Mondays at 1:00 p.m. in the Chapel (women)
- Mondays at 5:30 p.m. in the Chapel (men)
- Thursdays at 10:00 a.m. in Room 312 (women)

RENOVARÉ SPIRITUAL TRANSFORMATION GROUPS are led by our Director of Spiritual Transformation, Marcie Watson. The cost of the book is $15. If you would like to sign up for a group and have Marcie order a book for you, please email her at marciew@firstlutherancr.org or call her in the church office at (319) 365-1494.

Renovaré participants also have the opportunity to serve together with the same people they study and grow with. This group served a neighborhood meal at St. Paul's United Methodist Church this summer. Spiritual growth happens in lots of ways!
CALLING ALL USHERS

First Lutheran will be conducting important instructional meetings for ALL prospective and current ushers the weekends of August 19-20 and August 26-27.

All 9:00 ushers are asked to meet at 8:15 in the sanctuary on August 20 or August 27 for a review of usher procedures with Alice Wasson.

Saturday night ushers will meet after the Saturday evening service with Sue Gerhold on August 19 or 26, and 11:15 ushers will meet after that service with Sue Gerhold on August 20 or 27.

VBS Well-Building Challenge

During our “Water of Life” VBS Daycamp, the kids of First Lutheran contributed offering to Water to Thrive, an organization which builds wells in impoverished areas. However, our kids decided not to stop there - they want to raise enough money to fund an entire well!

The kids contributed $1,200 - over 20% of the cost to build a well, and their challenge to you is to help them raise an additional $3,800 in the next six months! You can read last month’s edition of The Light to hear all about our amazing week of VBS Daycamp, or visit http://bit.ly/watertothrive to contribute!

FLC Serves Neighborhood Meals

FLC members are helping with the Neighborhood Meals and Enrichment Program (NMEP) on the week of July 24-28. Thank you to the many volunteers who signed up to help with the program. The program is held at St. Paul’s United Methodist, 1340 3rd Avenue SE, Noon -1 p.m.

Construction Update for Volunteers!: They are making progress, so volunteers should now park in 2nd Avenue lot and enter building at the NEW 2nd Avenue entrance. A free meal is available to volunteers who wish to eat. If you have questions about NMEP, please direct them to Jasmine Wu at 364-7927 or Al Fletcher at 365-9844.

Teen & Young Adult Caregivers Support

The Family Caregivers Center of Mercy is starting a group to help support teens and young adults who have the responsibility of caring for adults in their home with chronic health conditions. The initial meeting for this group will be next Friday, July 21 at 12 noon. The Center is located at 901 8th Avenue S.E., Cedar Rapids. Get details by calling (319) 221-8866 or at familycaregiverscenter.org.

Monthly Mission of Hope Meal

We are planning out the meal to be served at the Mission of Hope on Thursday, July 27.

Stop by the sign up table next to the Welcome Desk this weekend if you would be willing to help provide the food needed to prepare the meal.
Sign Our Letter of Support

Our Hope Team wrote a letter unanimously affirmed by our church council to support our neighbors the Muslim community. We wanted to show our brothers and sisters who worship the same God of the Old Testament as us that we appreciate their peaceful religion and that they are welcome here in Cedar Rapids and we continue to pray for a peaceful co-existence both here and around the world.

Our letter will be out in the narthex this weekend for you to sign if you so choose. Copies with signatures would then be mailed to the mosques in Cedar Rapids, Iowa City, and Des Moines next week.

Dear Muslim friends,

Greetings and blessings from the congregation of First Lutheran Church. Over the past several months we have learned with concern of hateful and threatening messages that have been addressed to mosques and to individual Muslims in our larger community. These acts of hatred and violence are painful reminders of the divisions in our society and we grieve that anyone’s religion may make them the target of intimidation. As our country has faced divisive times, we acknowledge that the Muslim community has faced discrimination driven by others’ fears.

As members of the Evangelical Lutheran Church in America (ELCA), we are called by our faith to advocate for justice and fairness for all people. We believe that cultural and religious differences should be viewed as blessings bestowed by a loving God, and not an excuse for oppression and discrimination. In the words of ELCA Bishop Reverend Elizabeth Eaton in her letter to the U.S. Muslim community: “The global refugee and migrant crisis and the acts of terror committed in this country and around the world are challenges that demand our collective efforts and our common prayers. Therefore, we will seek to stand shoulder to shoulder with you as agents of peace, justice, understanding, welcome and reconciliation for the sake of the world that God so loves.”

We are honored to be part of the diverse city of Cedar Rapids, which is enriched by the contributions and presence of so many different groups, including the Muslim community. We hope that you will continue to find Cedar Rapids to be a welcoming and accepting community. Please consider First Lutheran Church a friend and ally as we all work together for a more just and peaceful world.

With God’s blessings,

Your friends at First Lutheran Church

With careful stewardship of what God has entrusted to us, and the ongoing legacy contributions of members leaving a legacy, The First Lutheran Trust Committee is pleased to inform the congregation that in March, trust funds passed the million-dollar mark for the first time.

Thank you for supporting the mission and ministry of this congregation into the future.

Leaving a Legacy in the Heart of the City

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### Weekly Activities Schedule

#### Worship Services
- **Saturday:** 5:00 p Traditional
- **Sunday:** 9:00 a Traditional
- **Sunday:** 11:15 a Celebration

#### Education 10:15
- Adult Forums LFC
- **Sunday:** 10:00 a CPT Rehearsal, Nave

#### Sunday
- 6:45 a Men’s Breakfast, LFC
- 10:00 a Bible Study, Chapel
- **Sunday:** 1:00 p Radio Recording

#### Monday
- 4:30 p SEMP, LFC

#### Tuesday
- 9:00 a Staff Meeting, Chapel
- 12:30 p Pastor’s Study, 315
- 6:30 p Over Eaters Anon, 304
- 6:30 p CRCC, CR (Starts August 30)

#### Wednesday
- 3:00 p Trumpet Les., 315

#### Thursday
- 6:45 a Men’s Breakfast, LFC
- 10:00 a Bible Study, Chapel

#### Friday
- 1:00 p Radio Recording

#### Saturday
- 4:30 p SEMP, LFC

**Choirs resume week of the 28th**

**CPT begins on 8/24 then Thursdays after**

### Care Center Worship Services
- **Cottage Grove Place** 2nd Thursday 4:00 p
- **The Meadows Apartments** 2nd Saturday 1:00 p
- **Living Center West** 1st Tuesday 3:00 p
- **Higley Mansion** 3rd Sunday 10:30 a
- **Living Center East** 3rd Thursday 1:00 p

### Activities Outside First Lutheran
- **Mondays:** Men’s Golf League, Gardner
- **Last Monday of the Month:** Ladies Night Out, Various Locations
- Contact Lori Nietert 373-1412

### August 2017

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<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
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<tbody>
<tr>
<td><strong>1</strong></td>
<td>City Election</td>
<td>7:00 p Global Outreach, chapel</td>
<td>2</td>
<td>6:30 p FLC Bike Ride, Sokol Park</td>
<td>3</td>
<td>4</td>
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<tr>
<td><strong>2</strong></td>
<td>6:30 p FLC Bike Ride, Sokol Park</td>
<td><strong>11a-2p Drivers Ed-Rm 306</strong></td>
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<td><strong>3</strong></td>
<td><strong>10:15 a Reading Bee, 310</strong></td>
<td><strong>12:15 p Hunger Meeting, Chapel</strong></td>
<td>8</td>
<td>8:30 a Comfort Makers, LFC</td>
<td>9</td>
<td>10:00 a Sr. Adult Ministry, Chapel</td>
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<tr>
<td><strong>4</strong></td>
<td>6:30 p Stock Supper, LFC</td>
<td>6:30 p Stephen Ministry, Chapel</td>
<td>10</td>
<td>2:30 p Worship planning, Chapel</td>
<td><strong>11</strong></td>
<td><strong>12</strong></td>
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<tr>
<td><strong>5</strong></td>
<td><strong>10:10 a CFM Vol. Training, 306</strong></td>
<td><strong>3:00 p Trumpet Les., 315</strong></td>
<td><strong>13</strong></td>
<td><strong>12:30 p Hope Team, 310</strong></td>
<td><strong>14</strong></td>
<td><strong>15</strong></td>
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<tr>
<td><strong>6</strong></td>
<td><strong>5:30 p Exec. Meeting, 208</strong></td>
<td><strong>6:30 p Stock Supper, LFC</strong></td>
<td><strong>16</strong></td>
<td>6:30 p FLC Bike Ride, Sokol Park</td>
<td><strong>17</strong></td>
<td><strong>18</strong></td>
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<td><strong>7</strong></td>
<td><strong>6:00 p NAMI 306/307</strong></td>
<td><strong>6:30 p Grief Share, 312</strong></td>
<td><strong>19</strong></td>
<td><strong>Publish Luminary</strong></td>
<td><strong>20</strong></td>
<td><strong>21</strong></td>
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<td><strong>8</strong></td>
<td><strong>7:00 p Church Council, Chapel</strong></td>
<td><strong>7:00 a City Wide Prayer, Chapel</strong></td>
<td><strong>22</strong></td>
<td><strong>8:30 a Comfort Makers, LFC</strong></td>
<td><strong>23</strong></td>
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<td><strong>9</strong></td>
<td><strong>8:30 p Stephen Ministry, Chapel</strong></td>
<td><strong>6:30 p Grief Share, 312</strong></td>
<td><strong>25</strong></td>
<td><strong>CPT Rehearsals begin</strong></td>
<td><strong>26</strong></td>
<td><strong>27</strong></td>
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<tr>
<td><strong>10</strong></td>
<td><strong>CRCC begins</strong></td>
<td><strong>CPT begins on 8/24 then Thursdays after</strong></td>
<td><strong>28</strong></td>
<td><strong>Bell Choirs begin</strong></td>
<td><strong>29</strong></td>
<td><strong>30</strong></td>
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<tr>
<td><strong>11</strong></td>
<td><strong>7:00 p H3, 313</strong></td>
<td><strong>7:00 p CRCC Rehearsal, CR</strong></td>
<td><strong>31</strong></td>
<td><strong>Choirs begin</strong></td>
<td><strong>32</strong></td>
<td><strong>33</strong></td>
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<tr>
<td><strong>12</strong></td>
<td><strong>6:00 p Usher Meeting, Nthx</strong></td>
<td><strong>Drive-in Movie Night, CRCC</strong></td>
<td><strong>34</strong></td>
<td><strong>6:30 p Confirmation small group leader training, YR</strong></td>
<td><strong>35</strong></td>
<td><strong>36</strong></td>
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### O = Newsletter—
deadline is 1 week prior.
### August Worship Volunteers

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<thead>
<tr>
<th>Aug. 5-6</th>
<th>5:00 PM</th>
<th>9:00 AM</th>
<th>11:15 AM</th>
<th>Aug. 12-13</th>
<th>5:00 PM</th>
<th>9:00 AM</th>
<th>11:15 AM</th>
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<tbody>
<tr>
<td><strong>Altar Guild</strong></td>
<td>Laura Draeger, Pam Hansen, Peg Musil, Cindy Shubatt</td>
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<td>Laura Draeger, Pam Hansen, Peg Musil, Cindy Shubatt</td>
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<td><strong>Coffee Host</strong></td>
<td></td>
<td>Duane &amp; Joann Wood</td>
<td>Beth Bartels</td>
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<td>Lori Nagle</td>
<td>Lori Nierert</td>
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<td><strong>Coffee Set Up</strong></td>
<td></td>
<td>Jeri Lueders, Jenny Schulz</td>
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<td>Bob &amp; Kathy Koenig</td>
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<td><strong>Communion Assistant</strong></td>
<td>Sue Tesdahl, Doug Dryland, Lori Nagle, Sarah Olmstead, Jenny Bosking, Al Fletcher</td>
<td>Peg Musil, Becky Knudson</td>
<td></td>
<td>Kay Gloe, Kari Kempf, Jim Kennedy, Oline Stigers, Sue Tesdahl, Dave DeWolf</td>
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<td>Diane Hawkins, Janet Jacobsen</td>
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<td><strong>Communion Clean-up</strong></td>
<td>Betty Lietz, Doug Olson</td>
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<td>Julie Haug, Leigh Haug</td>
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<td><strong>Greeter</strong></td>
<td>Faye Roberts, Hal Schaefer, Joyce Schaefer</td>
<td>Jerry Trudo, Ruthie Trudo</td>
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<td>Sandra Stepanek, Lori Christoffersen, Suah Borsay</td>
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<td><strong>Lector/Liturgist</strong></td>
<td>Josh Moore, Thomas Wolle</td>
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<td>Larry Rustand, Katie Chism</td>
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<td><strong>Prayer Team</strong></td>
<td></td>
<td>Sue Lottes, Sue Fletcher</td>
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<td>Sue Fletcher</td>
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<td><strong>Projectionist</strong></td>
<td>Help Needed</td>
<td></td>
<td></td>
<td>Michael Sinnott</td>
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<td><strong>Radio</strong></td>
<td>Ruth Hallquist</td>
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<td></td>
<td>Dave Nelson</td>
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<td><strong>Usher</strong></td>
<td>Theresa Brandon, Larry Rustand, Jeff Rosauer, Tom Schamberger, Paul Dillon, Pat Marshall</td>
<td>Peter Knudson, Dennis LaGrange, Jennifer LaGrange</td>
<td>Joe DiBernardo, Doug Dryland, Mark Fersdahl, Lori Nagle, Deb Schamberger, Sue Tesdahl, Bruce Barnes, Kandy Sands</td>
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<tr>
<td><strong>Communion Clean-up</strong></td>
<td>Rich &amp; Pauline Goldsberry</td>
<td>Vicki Hughes, Lori Musil</td>
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<td>Judy Bryant, Barb Dietz</td>
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<td><strong>Greeter</strong></td>
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<td><strong>Lector/Liturgist</strong></td>
<td>Josh Hetrick, Jim Gruettner</td>
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<td>Roxanne Rustand, Trudy Sundermann</td>
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<tr>
<td><strong>Prayer Team</strong></td>
<td>Liz Stansberry, Fred Stieglitz</td>
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<td>Bill &amp; Sue Lottes</td>
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<td><strong>Projectionist</strong></td>
<td>Mike Humbert</td>
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<td>Michael Sinnott</td>
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<tr>
<td><strong>Radio</strong></td>
<td>Dave Nelson</td>
<td></td>
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<td>Brett Wolgast</td>
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<td><strong>Usher</strong></td>
<td>Gordon &amp; Jann Baustian, Jeff Rosauer, Tom Schamberger, Paul Dillon, Peter Knudson, Scott Lindsley, Wynelle Lindsley</td>
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<td>Kathy Vandezandschulp, Jeff Rosauer, Tom Schamberger, Paul Dillon, Pat Marshall, Ivan Borsay, Peter Knudson, Dan Bryant, Barbara Hames-Bryant</td>
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**August Worship Volunteers**

- **Altar Guild**
  - Laura Draeger, Pam Hansen, Peg Musil, Cindy Shubatt
- **Coffee Host**
  - Duane & Joann Wood
- **Coffee Set Up**
  - Jeri Lueders, Jenny Schulz
- **Communion Assistant**
  - Sue Tesdahl, Doug Dryland, Lori Nagle, Sarah Olmstead, Jenny Bosking, Al Fletcher
- **Communion Clean-up**
  - Betty Lietz, Doug Olson
- **Greeter**
  - Faye Roberts, Hal Schaefer, Joyce Schaefer
- **Lector/Liturgist**
  - Josh Moore, Thomas Wolle
- **Prayer Team**
  - Sue Lottes, Sue Fletcher
- **Projectionist**
  - Help Needed
- **Radio**
  - Ruth Hallquist
- **Usher**
  - Theresa Brandon, Larry Rustand, Jeff Rosauer, Tom Schamberger, Paul Dillon, Pat Marshall
- **Communion Clean-up**
  - Rich & Pauline Goldsberry
- **Greeter**
  - | | | | | | |
- **Lector/Liturgist**
  - Josh Hetrick, Jim Gruettner
- **Prayer Team**
  - Liz Stansberry, Fred Stieglitz
- **Projectionist**
  - Mike Humbert
- **Radio**
  - Dave Nelson
- **Usher**
  - Gordon & Jann Baustian, Jeff Rosauer, Tom Schamberger, Paul Dillon, Peter Knudson, Scott Lindsley, Wynelle Lindsley
Please include
in your Prayers...

50+ Wedding Anniversaries in August!
Dean & Linda Ameson, 50 years on August 26.
Bob & Beth Anderton, 51 years on August 30.
Larry and Judy Blum, 52 years on August 8.
Dick and Mary Kay Grodt, 51 years on August 22.
Rick and Ronda Hill, 52 years on August 1.
Dave and Inez Lensch, 53 years on August 24.
Terry and Shirley Benfer, 57 years on August 13.
Clint and Joyce Dennis, 58 years on August 23.
Stan and Betty Kosek, 59 years on August 10.
Lew and Ardy Finch, 60 years on August 3.
Dick and Avona Lehmann, 60 years on August 18.
David and Margery Scheie, 65 years on August 30.
Bill & Alice Barker, 67 years on August 29.
Keith and Donna Koch, 69 years on August 1.
Eugene and Vern Ann Baxter, 81 years on August 22.

90+ Birthdays in August!
Betty Grey, 90 years young on August 28.
Elver Sorensen, 91 years young on August 3.
Keith Koch, 92 years young on August 28.
Darlene Gatto, 93 years young on August 28.
Gladys Biskup, 99 years young on August 24.

Hospitalized: *released as of July 18.*
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<tr>
<th>Name</th>
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<tr>
<td>Helen Kupka*</td>
<td>Don Pliester*</td>
<td>Kelly Bumpus*</td>
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<td>Shirlee Stirlich*</td>
<td>Dorothy Topping*</td>
<td>Jan Anderson*</td>
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<tr>
<td>Alice Barker</td>
<td>Chris Hogenson</td>
<td>Edith Winistorfer</td>
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<td>Richard Sjolseth</td>
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Our Sympathy to:
Ivan and Mary Beth Chester, family and friends on the death of Mary Beth’s mother.

Hospitalized?
If you or a loved one is hospitalized, has a birth announcement or have experienced a death in the family, please call the church office to let us know, as privacy laws limit the information hospitals can share with us. If we know you are in the hospital, our pastors and lay visitors will come to visit and pray with you.
Family Promise News & Annual Golf Outing

We are pleased to pass along the news that Family Promise has hired a new Executive Director and is gearing up once again to start hosting families! Watch for details and opportunities to come alongside homeless families as they work on stabilizing their lives.

Golf Outing
Please join us for the 6th Annual Family Promise Golf Outing. We are looking forward to another great day at Hunter’s Ridge, this year on August 15 at 9 a.m.

Come early to sign-in and warm-up! Shotgun start at 9 a.m. Play 18 holes of best-shot golf with plenty of games and challenges along the way. We’ll wrap up with a reception at approximately 3 p.m. to announce the winners and award some great prizes.

Range balls, cart and lunch is included in your $100 fee (Your $50 donation is tax deductible). Go home with a free pass to play an additional 18 holes at Hunter’s Ridge! Register as a team of four at the Welcome Desk at First Lutheran, or by downloading a registration form at familypromiseoflincounty.org/annual-golf-outing/

All proceeds support Family Promise of Linn County providing hospitality to children and their families. The program has given families a place to call home while parents secure employment and take steps toward permanent housing. Family Promise motivates volunteers in our community to get involved and experience the blessings of helping those in need. Family Promise is a 501(c)3 non-profit and your donation is tax deductible.